



GROWING HOME FOOD & FARMING WORKSHOPS

We are a nonprofit USDA-Certified organic urban farm located in the Englewood neighborhood of Chicago. We offer workshops for school groups, organizations & companies and can customize to your needs!

INFORMATION



Youth, Adults, Seniors, Families



Weekdays & Select Weekends
Schedule min. 2 weeks ahead



8am-6pm



Online, at your site or at our farms:
5814 S. Wood Street, Chicago

Max. 30
participants*

Donations
Encouraged

*Participant group size depends on the workshop type

WORKSHOP OFFERINGS

Here's a sample of our workshops. We have 50+ more so please get in touch!

COOKING & NUTRITION

Healthy Meal Cooking Demos
Make Your Own Soup Stock
Homemade Salad Dressings



FARM & GARDEN

Urban Farming 101
Irrigation
Backyard Gardening
Gardening in Small Spaces
Composting at Home

DO-IT-YOURSELF

Canning & Pickling
Teas, Herbs & Potpourri
Body Butter Making Workshop
Lamp Making Workshop



COOKING & NUTRITION

- Healthy Meal Cooking Demos
- Make Your Own Soup Stock
- Homemade Salad Dressings
- Flavored Oils (ex. Chili, Ginger, Scallion)
- What to do with Summer Abundance Foods (Ratatouille, Tomatoes, Cucumber)
- Breads, Focaccia with Vegetables
- Winter Soups
- Sweet + Savory Pies
- Family Recipes (Sloppy Joe, Hot Pockets)
- Knife Skills & Vegetable Processing
- Grocery Shopping & Multi-Tasking in the Kitchen
- Smoothie Workshop with Taste-Testing
- Dip Workshop (Hummus, French Onion, Guac)
- Pestos of Many Kinds (Ground Herbs)
- Hot Sauces (Mild, Medium, Hot)
- Fried Veggies (Okra, Green Tomatoes, Squash Blossoms, Green Beans, Eggplant)

FARM & GARDEN

- Urban Farming 101
- Irrigation
- Backyard Gardening
- Gardening in Small Spaces
- Composting at Home
- Planting Peas in Water (Kids)
- How to Grow/Regrow Produce from Waste (Carrots, Potatoes, Tomatoes, Scallions)
- How to Propagate House Plants
- How to Trellis in your Backyard
- Gear Care & Waterproofing (Shoes, Etc.)
- Pruning Workshop (Tree, Veggie, Fruit)
- Perennial Workshop
- Season Extension (Hoops, Plastic, Removable Structures)
- Beekeeping 101 Over a Season
- Bottom Watering
- Microgreens
- Indoor Growing
- Build a Grow Box or Cold Frames
- Composting from Home
- Crop Planning for your Garden

DO-IT-YOURSELF

- Canning & Pickling
- Teas, Herbs, Potpourri, Incense
- Making Body Butter \$
- Lamp Making \$
- What to do with Beeswax
- Tinctures, Tonics, Ciders & Syrups
- Bouquet & Flower Arrangement
- Hemp & Hops
- Extracts (Vanilla)
- Ferment Workshops (Kraut, Kim Chi, Sourdough)
- Grant Writing

*Please be aware that some workshops require additional costs.

As well, some workshops can be made virtual! We look forward to hearing from you.